NEWS UPDATES
BACK TO
SCHOOL
2015



### School is Back in Session!

The new school year has started, and we hope that you were able to take care of all of your child's needs to prepare for a great start. As your child's healthcare provider, we would like to remind parents of some medically-related items to consider as the new academic year begins.



#### 1. Can your child see clearly?

Getting your child's eyes checked should be an annual activity. This can be done during physicals, but be sure to book an appointment with an eye doctor if any concerns are raised during the physical. School-aged children should also see a professional pediatric eye doctor yearly for more thorough routine eye exams.

#### 2. Did you get all the necessary shots?

Between the ages of 7 to 18, there are a variety of shots to ensure your child gets. The vaccines recommended by the American Academy of Pediatrics include: Tetanus, HPV, Hepatitis A, Hepatitis B, Inactivated Poliovirus, Meningococcal, Measles, Mumps, Rubella, and Varicella.

#### 3. Are there any health problems the school should know about?

If something has changed with your child physically or emotionally, it may be in your best interest to inform the appropriate staff at the school such as the school nurse or school counselor. This may also apply particularly when your child is attending a new school (such as entering middle school or high school for the first time).

#### 4. Has your child's school conducted various tests?

It is common for most schools to administer tests to your child. Depending on his or her grade level, some tests you should be aware of include screening for scoliosis and hearing tests. Some schools now even issue "weight report cards" advising parents on how to deal with childhood obesity.

#### What else can you do?

In addition to the steps listed above, some important additional items include: ensuring your child gets enough sleep, helping your child develop good study habits, ensuring they eat a balanced diet, and be aware of any bullying challenges your child may encounter.

# Making Sure Your Kid is Ready to Go!

Based on the information we shared above, we're happy to schedule an appointment for eye tests, physicals, or any other important items needed as your child enters this school year.

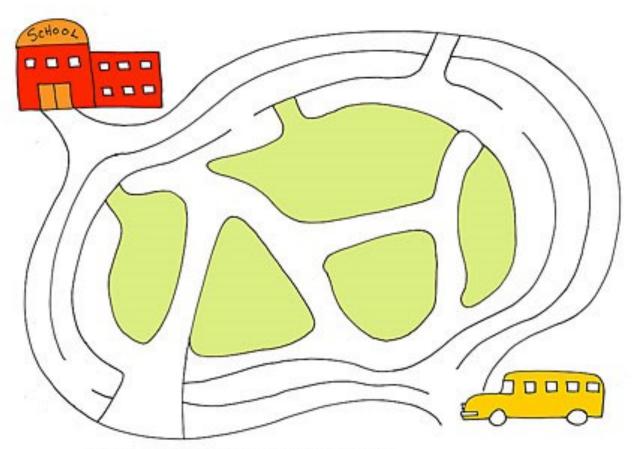
Call our office or visit this link to request an appointment time: www.princetonlakespeds.com/appointments

## Fun Family Events

Atlanta Carribbean Culture Festival Clayton County International Park August 22, 2015

AJC Decatur Book Festival Downtown Decatur September 4 - 6, 2015

Disney Live! Three Classic Fairytales December 13, 2015



Help the Schoolbus get to the School.

Source: Hampton Roads Parents

#### **Office Hours**

Princeton Lakes Office
Monday 8:30 am—5:00 pm
Tuesday 8:30 am—5:00 pm
Wednesday 8:30 am—5:00 pm
Thursday 8:30 am—5:00 pm
Friday 8:30 am—3:00 pm
\*closed for lunch daily from 12:30 pm — 1:30 pm

Kennesaw Office

Monday 8:30 am—5:00 pm
Tuesday 8:30 am—5:00 pm
Wednesday 8:30 am—5:00 pm
Thursday 8:30 am—5:00 pm
Friday 8:30 am—5:00 pm

## **Contact Us**

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